

BIOPHYSICAL PROFILE ULTRASOUND

Date _____ Tech _____

Patient sticker Initial Repeat Previous _____

Fetus: A B C D N/A

Indication _____

LMP : GA: _____ weeks _____ days, EDD _____

Earliest US: GA: _____ weeks _____ days, EDD: _____

Biophysical Variable	Normal =2	Abnormal =0	Score
Fetal Breathing Movements	At least 1 episode of breathing for ≥ 30 seconds in 30 minutes.	Absent or no episode of breathing for ≥ 30 seconds in 30 minutes.	
Gross Body Movements	At least 3 discrete body or limb movements in 30 minutes (episodes of continuous movement are considered a single movement).	Two or fewer body or limb movements in 30 minutes.	
Fetal Tone	At least 1 episode of active extension with return to flexion of fetal limb(s) or trunk in 30 minutes. Opening and closing of hand is considered normal tone.	Slow extension with return to partial flexion, movement of limb in full extension, or absent fetal movement.	
Qualitative AFV	One pocket of amniotic fluid that measures ≥ 2 cm in the vertical plane.	Either no pockets or largest pocket < 2 cm in the vertical plane.	
Total			/8

FHR: _____ bpm